

APPENDIX 2



Tees, Esk and Wear Valleys
NHS Foundation Trust

Tees Valley Joint Health Scrutiny Committee update

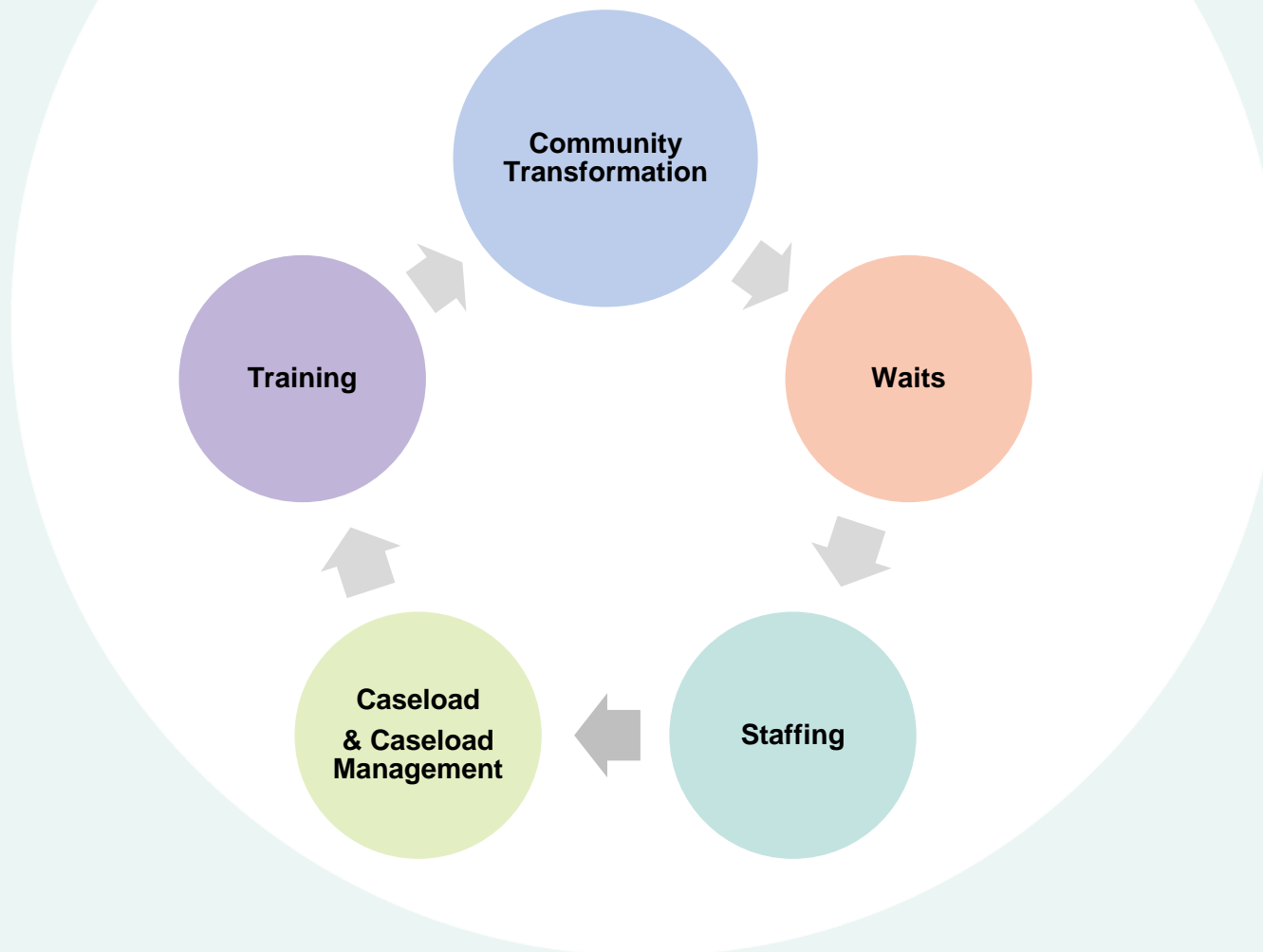
An update on our children and young people's services

Jamie Todd

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Children and young people's services - work programme and key areas



Children and young people's services - iThrive

- Working with our partners, including commissioners, VCS/3rd sector providers and some local authority colleagues to co-create and deliver the i-THRIVE framework of care
- A whole system and evidenced-based approach in supporting families with their emotional wellbeing and mental health needs
- Draws a clear distinction between treatment and support
- Children, young people and their families are active decision makers



Children and young people's services

- Waits for triage, needs assessment and commencement of support through a single point of contact (SPOC), getting help and getting more help teams compare favourably with national benchmarks
 - Typically 4-8 weeks depending on locality
 - Benefits of whole system approach and VCS partnerships
- Specialist eating disorders team consistently compliant with national access standards
- Crisis and intensive home treatment teams performing well consistently with high call handling rates and compliance with 4hr response to urgent referrals (both typically 90-96%)
- Key pressure area is for neurodevelopmental assessments (autism and ADHD)
 - Assessments completed today have waited 18 months – two years
 - Demand outstrips capacity 2 to 1 currently so waiting list continues to grow
 - Key area of focus for internal improvement work, whole system planning and ICB commissioning
 - National issue

Children and young people's services

- Keeping in Touch (KIT) process helps mitigate any risks associated with all waiters and is monitored daily at clinical and senior management levels.
- Young person's engagement lead in post to drive coproduction of care delivery and service development.
- Positive examples of joint working with local authorities
 - No wrong door
 - Looked after children
 - Family hubs/multi-agency hubs
- Rolling out of primary care network practitioners to support GP practices with young people's mental health and emotional well being
- MHSTs (school-based teams) having a positive impact across the Tees Valley

Children and young people's services – transformation plans

- Continue to work with other providers to expand and develop the MHST and whole system offer across Teesside
- Identify opportunities to support with family hubs
 - E.g. Early help/support 'drop in's'
- Neurodevelopmental pathway recovery
 - Regional workshops
 - Internal improvement work
- Getting More Help – development of offer to manage expectations and meet demands
 - Development of the frontline Getting Advice/Help offer in tandem
- Smarter ways of working to help with recruitment
 - E.g. virtual clinic model



**Thank you –
any questions?**

